

LUNCH

WEDNESDAY, JANUARY 21, 2026

sesame

SZECHUAN BEEF



CALORIES
185

SODIUM
950mg

PROTEIN
20g

FAT
7g

CARBS
10g

CHOLESTEROL
40mg

FIBER
0g

RITZY CHICKEN



CALORIES
310

SODIUM
430mg

PROTEIN
23g

FAT
20g

CARBS
10g

CHOLESTEROL
55mg

FIBER
1g

coconut: milk

RASTA PASTA



CALORIES
375

SODIUM
485mg

PROTEIN
7g

FAT
18g

CARBS
46g

CHOLESTEROL
0mg

FIBER
3g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen

DINNER

WEDNESDAY, JANUARY 21, 2026

APPLE GLAZED PORK LOIN



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
250	450mg	24g	14g	7g	69mg	0g

sesame in bun

CHICKEN FILLET SANDWICH



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
423	860mg	21g	19g	42g	50mg	1g

RISOTTO FLORENTINE



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
218	450mg	6g	6g	35g	0mg	3g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



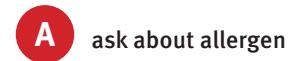
contains fish



contains shellfish



contains nuts



ask about allergens